
OHIO PAIN & REHABILITATION ANNOUNCES OPEN HOUSE FOR ALLCORE360° MACHINE

Warren, Ohio – October 16, 2018 – Ohio Pain & Rehabilitation, a chiropractic and physical therapy center in Warren announces an Open House for their AllCore360° machine on Friday, October 19th.

The AllCore360° machine is an innovative body core activation system that dynamically develops the user's core by leveraging their own body weight. With adjustable degrees of difficulty, the AllCore360° therapy training session can improve performance for health gurus, professional athletes, and can complement physical therapy treatments.

Ohio Pain and Rehabilitation clients will now benefit from the opportunity to strengthen and rehabilitate using the AllCore360° machine, which trains all of the body's core muscles in a three-dimensional, balanced, and coordinated fashion.

The cutting-edge technology used in this system delivers scientifically proven isometric contractions that strengthen more than 50 muscles from the neck to the pelvis. These include the deep core muscles that are hidden beneath the area of the musculature that people typically activate, which aids the rehabilitation process.

"The AllCore360° is a system that is revolutionizing physical therapy and core strength training" says Dr. Chris Efthimiou. "Our patients are now able to strengthen and stabilize their core and experience improvements in as few as three 10-minute sessions per week, without ever changing out of their street clothes."

An Open House will be held on Friday, October 19th from 2-7 PM at Ohio Pain and Rehabilitation in Warren. At this event, attendees will be able to test out the machine and experience how the system can improve their lifestyle.

Ohio Pain and Rehabilitation is a team comprised of medical doctors, spine and extremity surgeons, chiropractic physicians, physical therapists, exercise physiologists, and massage therapists. The multi-discipline approach offers patients numerous treatment options to most effectively care for their injuries.

The physicians at Ohio Pain and Rehabilitation are on staff at local hospitals and specialize in chiropractic care, physical therapy, work injuries, auto accidents, and orthopedic surgeries. Dr. Chris Efthimiou – DC, CIME is the head DC and holds additional certifications in manipulation under anesthesia for chronic neck, low back and extremity injuries and certified in spinal ligament injury diagnosis and treatment. Dr. Efthimiou is a practicing Physician and part of St. Vincent Orthopedic and Spine Institute, Cleveland, OH.

As a leader in healing and rehabilitation, the team at Ohio Pain and Rehabilitation is dedicated to helping their patients recover. To schedule an appointment, please call (330) 609-5533.

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